

CURRICULUM VITAE

Personal Details:

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PhD in Nursing Education

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Academic affiliation:

PhD in Nursing Education, Assistant Professor,
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Education and Qualification:

BSc in Nursing **MSc:** Medical-Surgical Nursing Education

PhD: Nursing Education, Tabriz university of Medical Sciences, Iran

Research interests

Cancer Care, Family Caregivers, Cultural care, Chronic Diseases

Fields of work:

Teaching and training of Nursing Students more than 13 Years

Workshops:

SPSS. MAXQDA. Research ethics .Endnote. Plagiarize. Research Methods. Patient Safety. Modern Educational Methods. Advanced Skills for Making PowerPoint. Writing a Scientific Paper. Methods in evaluation of Students. E-Learning in Medical Sciences. Qualitative Research Methods

As a reviewer:

Editorial Board member in **Holistic Nursing Practice Journal** and reviewer in some other journals.

Books:

1. **Cancer and Family Caregivers: Cancer Crisis and Problem Management Strategies**
[Persian] ISBN 978-622-241-138-1
2. **Living well after cancer** [Persian] ISBN 978-622-241-372-9
3. **Gynecological cancers :Relying on medical and nursing practices** [Persian] ISBN 978-622-992-237-8

Journal papers:

1. Jebraeily M, **Eghtedar S**, Ayatollahi H, Mohammadzadeh Z. **Identifying Educational Contents and Technical Features of a Self-Management Smartphone Application for Women with Breast Cancer.** *Journal of Advances in Medical and Biomedical Research.* 2022; 30(139):129-37.
2. **Eghtedar S**, Jasemi M, Habibzadeh H. **The Role of Beliefs and Psychological Factors in Caring of Patients with Cancer: The Lived Experiences of Informal Caregivers.** *Holistic Nursing Practice.* 2021 Sep 1; 35(5):248-56.
3. **Eghtedar S**, Asghari E, Aparnak FS, Asgarloo Z, Rasti P. **Marital adjustment as a predictor of quality of life in infertile couples.** *Asian Journal of Social Health and Behavior.* 2021 Jul 1; 4(3):105.
4. Aghakhani N, **Eghtedar S.** **COVID-19 and psychological support: a guide for health care professionals.** *Australasian Psychiatry.* 2021 Jun;29(3):368
5. **Eghtedar S**, Aparnak FS, Asghari E. **Quality of Life of Infertile Couples in relation to Marital Adjustment, Factors related to Infertility, and Demographic Characteristics.** *Journal of Research in Applied and Basic Medical Sciences.* 2021 Mar 10; 7(1):31-8.
6. Aghakhani N, **Eghtedar S.** **Health Care for Burnout Syndrome among Medical Staff in Departments of Hemodialysis during COVID-19 Outbreak.** *Holistic nursing practice.* 2021 Jul; 35(4):180.
7. Moghaddam Tabrizi, F., **Eghtedar, S**, Rajabzadeh, H. **Effects of Continuous Care Model on the Health Promoting Lifestyle in Breast Cancer Survivors: A Randomized Clinical Trial has been accepted for publication in Holistic Nursing Practice Journal in 2020 vol34 number 2.**
8. Eghtedar, S., Nahamin, M., Hassanzadeh, R., Aparnak, F. S., & Asghari, E. (2017). **Other Side of Breast Cancer: Sleep Quality.** *Journal of Sleep Sciences, 1*(4), 169-175.
9. Eghtedar, S., Hassankhani, H., Rahmani, A., Ebrahimi, H. (2018). **Going Forward Lightening the Shadow of Cancer: Experiences of Family Caregivers toward Empowerment.** *HOLISTIC NURSING PRACTICE, 32*(4):202–209.
10. **Eghtedar, S.**, Moghadasyan, S., Ebrahimi, H., & Haydari, S. (2012). **Assessment of quality of life and supportive care in women with Breast cancer.** *Advances in Nursing & Midwifery, 21*(75).**[Persian]**
11. Jasemi, M., **Eghtedar, S.**, Aghakhani, N., Khodabandeh, F., & Sayadi, L. (2013). **Music therapy reduces the intensity of pain among patients with cancer.** *Thrita, 2*(4), 76-9.
12. Aghakhani, N., Sharif Nia, H., Eghtedar, S., Rahbar, N., Jasemi, M., & Mesgar Zadeh, M. (2011). **Prevalence of depression among students of Urmia University of medical sciences (Iran).** *Iranian journal of psychiatry and behavioral sciences, 5*(2), 131-135.
13. **Eghtedar, S.**, Hassankhani, H., Rahmani, A., Ebrahimi, H. **A Qualitative Study on Cancer Care Burden: Experiences of Iranian Family Caregivers.** **Accepted** for publication in *Holistic Nursing Practice* and is in the queue to be published in Volume 32, Number 6, November-December, 2018
14. Aghakhani, N., Nia, H. S., **Eghtedar, S.**, & Torabizadeh, C. (2015). **The Effect of Concept Mapping on the Learning Levels of Students in Taking the Course of " Nursing Care of Patients With Glandular Diseases Subject"** in Urmia University of Medical Sciences, Iran. *Jundishapur Journal of Chronic Disease Care, 4*(2).
15. Jasemi, M., Rahmani, A., Aghakhani, N., Eghtedar, S., & Alinejad, H. (2013). **The effect of face to face education on anxiety and hemodynamic status of patients who are candidates for CABG surgery.** *Razi Journal of Medical Sciences, 20*(114), 28-34.
16. Jasemi, M., A. Rahmani, N. Aghakhani, F. S. Hosseini, and S. Eghtedar. **"Nurses and Physicians' Viewpoint toward Interprofessional Collaboration."** *Iran Journal of Nursing* 26, no. 81 (2013): 1-10.
17. Aghakhani, N., Khademvatan, K., Habibzadeh, H., Jasemi, M., Eghtedar, S., Rahbar, N., & Parkhashjooy, M. (2012). **The effect of education on anxiety and depression in patients with myocardial infarction in selected hospitals, Iran.** *URMIA MEDICAL JOURNAL, 23*(2), 105-114.
18. Aghakhani, N., F. Sharif, K. Khademvatan, N. Rahbar, S. Eghtedar, and V. Shojaei Motlagh. **"The Reduction in Anxiety and Depression by Education of Patients with Myocardial Infarction."** *International Cardiovascular Research Journal* 5, no. 2 (2011): 66-69.
19. Aghakhani, N., Mosavi, E., Eftekhari, A., Eghtedar, S., Zareei, A., Rahbar, N., & Nikoonajaz, A. R. (2014). **A STUDY ON THE DOMESTIC VIOLENCE IN WOMEN WITH ADDICTED AND NON-ADDICTED HUSBANDS REFERRED TO FORENSIC CENTER OF URMIA, IRAN.** *Journal of Urmia Nursing and Midwifery Faculty, 11*(11), 0-0.
20. Khademvatani, K., Aghakhani, N., Esm-Hoseini, G., Hazrati, A., Alinezhad, V., Nazari, H., Ghaderi, C., Eghtedar, S., Rahbar, N., Mesgarzadeh, M. and Arsanjani, H., 2015. **STUDY OF RELATIONSHIP BETWEEN SPIRITUAL HEALTH, ANXIETY AND DEPRESSION IN ACUTE MYOCARDIAL INFARCTION PATIENTS HOSPITALIZED IN**

SEYYEDOSHADA HOSPITAL IN URMIA. *URMIA MEDICAL JOURNAL*, 25(12), pp.1092-1101.

21. Khademvatan, K., V. Alinejad, S. Eghtedar, N. Rahbar, and N. Agakhani. "Survey of the relationship between metabolic syndrome and myocardial infarction in hospitals of Urmia University of medical sciences." *Global journal of health science* 6, no. 7 (2014): 58.
22. Agakhani, N., Sadagiyani, M., Jasemi, M., Feizi, A., Eghtedar, S., Mesgarzadeh, M., & Ebrahimi, M. (2012). **The health effects of fish oil capsules and vitamin B1 tablets on duration and severity of dysmenorrhea.** *Journal of Urmia Nursing and Midwifery Faculty*, 10(4), 0-0.
23. Aghakhani, N., Eftekhari, A., Zare Kheirabad, A., & Mousavi, E. (2012). **Study of the effect of various domestic violence against women and related factors in women who referred to the Forensic Medical Center in Urmia city-Iran 2012-2013.** *IJFM*, 18(2), 69-78.
24. Aghakhani, N., Sharifnia, H., & Hojati, H. (2013). **Effect of the nursing staff associate model on nursing students' clinical learning.** *Journal of Nursing Education*, 2(1), 8-15.
25. Aghakhani, N., Azami, M., Jasemi, M., Khoshsima, M., & Eghtedar, S. (2013). **Epidemiology of traumatic brain injury in urmia, Iran.** *Iranian Red Crescent Medical Journal*, 15(2), 173-4.
26. Jasemi, M., **Eghtedar S.** (2013). **Nurses and Physicians' Viewpoint toward Interprofessional Collaboration.** *Iran Journal of Nursing (IJN)*, 26(81), 1-10.
27. **Eghtedar S,** Saraparnak F, Soltany B, khodaparast A et al. (2017). **The Effect of Supervision in Clinical Education on Nursing Students' Clinical Skills.** *J Med Educ Dev.* 10 (26):1-9
28. **Eghtedar, S.,** Valizadeh, L. (2016). **Geriatric Nursing Master's Degree Program Overviews in Iran: Review Article.** *Depiction of Health*, 6(4):67-70.

Seminars and congress:

Conference papers	Topic of Congress	location	date
Quality of life and Supportive Care in Women with Breast Cancer	20th Asia pacific Cancer Conference,	Tsukuba Japan	2009
STUDY OF DEPRESSION IN THE ELDERLY HEMODIALYSIS PATIENTS WHO REFER TO TEACHING HOSPITAL IN URMIA, IRAN	21st World Congress of Social Psychiatry. 2013.	Lisbon, Portugal	2013
Acquiring knowledge and skills of caring for the cancer patient: Experiences of primary family caregivers	4th INTERNATIONAL CONFERENCE ON EDUCATION, SOCIAL SCIENCES AND HUMANITIES	DUBAI, UAE	2017
Social & individual aspects of cancer care: experience of informal family caregivers	28 th European congress of psychiatry,	Madrid, Spain	Accepted number 3735 march 2020
Surveying psychological status of breast cancer women	5th International Breast Cancer Congress,	IRAN	2010
Study of the effect of garlic on serum lipids and blood glucose level in type 2 diabetic patients	28thInternational Horticultural Congress	Lisbon-Portugal	2010
Survey of physician and nurses' knowledge and practice about nursing professional duties and it's relation in medical-surgical and intensive care units in Urmia University of Medical Sciences hospitals, Iran.	SOCIO-INT14 INTERNATIONAL CONFERENCE ON EDUCATION, SOCIAL SCIENCES	Istanbul, Turkey	2014
The effects of tarragon and cumin on Helicobacter pylori activity	28thInternational Horticultural Congress	Lisbon-Portugal	2010
SURVEYING VIEWPOINTS OF WOMEN WITH BREAST CANCER, ON NURSING SUPPORTIVE CARE & ITS RELATION WITH THEIR QUALITY OF LIFE IN HEMATOLOGY-ONCOLOGY RESEARCH CENTER, TABRIZ UNIVERSITY OF MEDICAL SCIENCES	9 th International Congress of Medical Oncology & Hematology of Iran	IRAN	2009
The effective factors on the elective cesarean section rate	8 th International Congress of obstetrics & gynecology	IRAN	2009
Sexual satisfaction and menopause Vasectomy and its effective factors Depression during the Transition to Menopause EFFECT OF ONE TO ONE MIDWIFERY CARE DURING LABOR Prevalence of domestic violence among pregnant women Pregnant woman and exercise-Intra uterine devices IUD benefits	16th congress of Iranian Society for Reproductive Medicine	Shiraz, Iran	2010

Effect of Diet Education on Quality of Life in Type 2 Diabetic Patients. The Effect of Education on Anxiety and Depression in Patients with MI in Selected Hospitals	The 1 st International & 4 th National Congress on Health Education & Promotion.	IRAN	May 2011.
Evaluation of the knowledge of hypertensive patients in heart clinics about symptoms , severity & complications of hypertension	6 th Middle East cardiovascular.	UAE. Dubai	2012-8-5
Prevalence of hypertension in pregnant women	3 rd International & 18 th National Congress of Iranian Society for reproductive medicine. Iranian Journal of Reproductive Medicine Vol. 10, No 2, April 2012	Iran	2012
Fruits and Vegetables Consumption in Male Patients with Metabolic Syndrome and Myocardial Infarction.	The 1st International & 4th National Congress on Health Education & Promotion.	Tabriz	May 2011
Fertility perseveration in men after cancer treatment Comparison of sexual problems in fertile & infertile couples	Iranian Journal of Reproductive Medicine Vol. 10, No 2, April 2012	Iran	2012
Study of Attitude of Urmia Faculty of Nursing & midwifery Students about cigarette smoking	1 st International Student Congress on Addiction.	Urmia. Iran	October 2012
Study of familial condition of Addicted & AIDS patients hospitalized in infectious Wards in Urmia	1 st International & 5 th National HIV/AIDS Congress.	Tehran	October 2012
REDUCTION IN ANXIETY AND DEPRESSION BY EDUCATION OF PATIENTS WITH MYOCARDIAL INFARCTION	21st World Congress of Social Psychiatry.	Lisbon, Portugal	2013
The role of social media in knowledge acquisition in cancer patients	Clinical oncology congresss 2019		Accepted 2020
Knowledge of Mothers of Hospitalized Children about Acute Diarrhea in Urmia. Nutrition and Its Risk Factors F\from The Perspective of Hospitalized Children Mothers in Shiraz: A Qualitative Study.	The 1st International & 4th National Congress on Health Education & Promotion.	Iran	2011
Prevalence of hypertension in pregnant women	3 rd International & 18 th National Congress of Iranian Society for reproductive medicine Iranian Journal of Reproductive Medicine Vol. 10, No 2, April 2012	Iran	2012
588- The Effect of Education on Anxiety and Depression in Patients with Myocardial Infarction (MI) in Selected Hospitals P02-02-Depression frequency in Urmia University of medical sciences	<i>European Psychiatry</i> , 26, 596.	Iran	2011
Quality of sexual function in women with breast cancer	2 nd International Congress on Reproductive Health & Family Planning	Iran	29-27 October 2010
Evaluation of the knowledge of hypertensive patients in heart clinics about symptoms , severity & complications of hypertension	6 th Middle East cardiovascular	UAE. Dubai	2012-8-5
Effect of Distraction on Children's Behavioral Responses to Pain in Per school age children During IV Catheter Insertion under Chemotherapy	International Congress on Supportive Care of Patients with Childhood Cancer	Iran	2019
Evaluating the factors affecting the use of Smartphone application in patients with breast cancer	4 th Shiraz International congress on Mobile Health	Iran	2021